

# Monarch Park Collegiate



Principal:  
Amalia Pallas  
[amalia.pallas@tdsb.on.ca](mailto:amalia.pallas@tdsb.on.ca)

Vice-Principals:  
Sonam Matho (A-L)  
[sonam.matho@tdsb.on.ca](mailto:sonam.matho@tdsb.on.ca)  
Tim Seabrook (M-Z)  
[timothy.seabrook@tdsb.on.ca](mailto:timothy.seabrook@tdsb.on.ca)

Superintendent:  
Dr. Belinda Longe

1 Hanson Street  
Toronto, ON M4J 1G6  
416-393-0190

[monarchparkcollegiate.ca](http://monarchparkcollegiate.ca)

Good afternoon Students and Families,

It has been a busy start up to the new year.

This past week we had an amazing two days up at Camp Robin Hood. We thank Ms. Doherty-Ross for organizing the trip and our amazing staff for supporting our students over the two days.

Back to school also means catching up with friends who we may not have seen over the summer. And that's exactly what Stranger Things fans did this past Thursday in room 113. The announcements are full of invitations for students to join clubs/councils and teams. New members are always welcome. Check out the announcement Board in front of the main office if you missed the announcements.

Our Student Leaders continue to make home form visits to grade 9 classes. Homework Hangout has started up again. Last year was a really successful year for HH, and we look forward to welcoming students in 224 and 223, Monday—Thursday from 3:15PM—4:30PM.

Locker distribution is happening this week. We thank you for your patience as we distribute lockers to students. A reminder that locks have been provided for all students and lockers that are assigned are kept by the student for their time at MPC.

Wishing you a wonderful week ahead.

## UPCOMING DATES

September 21—Late Start (PLC Date)

September 23—Terry Fox Run

September 28—Late Start (Staff Meeting)

September 30—Orange Shirt Day

October 4—Grade 9 Curriculum Night

October 5—School Council Meeting

October 7—PA Day (No School for students)

October 10—Thanksgiving Day (No School)

## MPC START OF YEAR UPDATES

The **Start of Year forms** have been delivered digitally through Permission Click. Please complete these forms as soon as possible. These forms also include walking excursion forms that are necessary for community walks with classes.

### Stay Connected

The TDSB is offering two new ways for parents and caregivers to stay connected with their school and the TDSB.

Parents and caregivers will have an opportunity to opt in to receive text messages from their school and TDSB in addition to receiving messages through email. A text message will be sent to you to the phone number you have on file in September inviting you to opt in.

Families will also have the option to use the [School Messenger](#) app or website for a faster and easier way to receive communication sent by the TDSB and your school. This service is available now.

Learn more about [SchoolMessenger](#) and watch a [video](#) about it. For more information and instructions for families please visit [this section](#) of the TDSB site.

### Grade Nine 1:1 Devices

We are still awaiting arrival for our 1:1 Devices, and they should be arriving this week. If you are a grade 9 parent/guardian, please complete the 1:1 Device form sent to you via email.

## RESOURCES FOR FAMILIES:

### Mental Health and Well-Being

Resources and tools are available for parents/guardians and students on the TDSB [public website](#).

The site includes a system calendar which highlights upcoming events to support our community including webinars, [virtual drop-in hours](#) and more. [Culturally responsive and relevant resources](#), [mental health toolkits](#), [grief and loss resources](#) and [virtual heritage and culturally responsive lounges](#) are also available.

### Parents and Caregivers as Partners Conference

Save the Day Oct 22/23 (hybrid)  
[parentsaspartners.ca](#)

## MPC START OF YEAR, CONT'D

### Verification Forms

Verification forms will be sent out this week to students in the Period A classes. Please be sure to have a look and make any corrections as needed. Students are asked to return these as soon as possible.

### School Fees

School Fees are available for payment on Cash Online. The School Fee, \$50 covers a yearbook, lock, and school activities throughout the year (clubs, councils, etc.). If you have a concern about payment, whether it is part of all of the fee, please do not hesitate to contact your student's vice-principal.

### Absence Reporting

A friendly reminder that for safe arrival reporting we ask that you call in to the main office when reporting a student absence, late arrival, or early dismissal. Please do not email the general mailbox as this does not always get checked first thing in the AM.

### Lockers

This week, during Pd A Classes, students are provided with a locker and lock by their homeform teachers. These locks students will keep until the end of their time at MPC. We appreciate your patience as these get distributed to students.

## COMING UP THIS WEEK....

GET YOUR SMILES READY,  
**IT'S YOUR PHOTO DAY...**

**MONDAY, SEPTEMBER 19th, 2022**

### IMPORTANT INFORMATION REGARDING PROOFS!

On Photo Day, your child will be coming home with their **ONLINE ACCESS CODES**. Follow the easy steps to view and order your child's portrait photos at

**www.clearimages.ca**

Your photos will be available to view within 5 days.

ACCESS CODE	SESSION CODE	PORTRAIT CODE
MJYGVHMK	G7529	86098

QUESTIONS? please contact our Clear Images Customer Care team at [info@clearimages.ca](mailto:info@clearimages.ca) or 1-844-992-5327. Visit [clearimages.ca](http://clearimages.ca) for our Covid19 Safety Protocols.

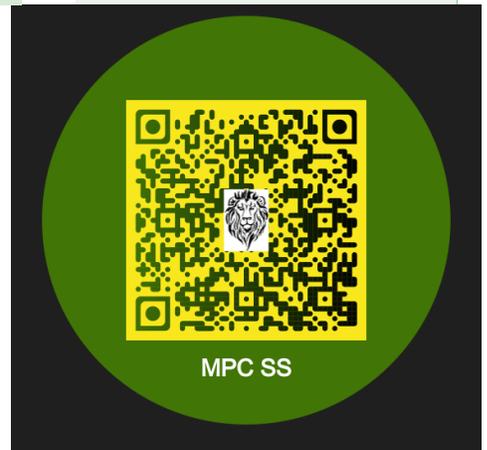
[clearimages.ca](http://clearimages.ca)  
TRULY CANADIAN

clear  
images

Photo day is this Monday, September 19, 2022. [Please use this link](#) for information about ordering, etc.

## STUDENTS SERVICES AND LIBRARY UPDATES

Please visit us at the [student services](#) website for more information about scholarship, etc.



**Save the Date:** Ontario Universities' Fair October 1-2 at the Metro Toronto Convention Centre.

### MPC LIBRARY WEBSITE:

The Library is busy and there is always something new happening. For information about the library, please visit their website. [MPC Library Website](#)

## Opportunities for Parents and Families:

Malvern will be hosting a free 2-part parent webinar (offered through the Pine River Institute) called "Parenting for Positive Mental Health".

The 1<sup>st</sup> webinar is on Tuesday, Sept. 27 at 7:00 p.m. and the 2<sup>nd</sup> is on Oct. 25. Parents and Caregivers can sign up for 1 or both.

Please [use this link](#) for further information

### ***Parenting for Positive Mental Health***

Presented by Pine River Institute's  
Centre for Family Initiatives

Join the Pine River Institute's Centre for Family Initiatives for a presentation of *Parenting for Positive Mental Health Part 1 and 2*, presented by the Centre for Family Initiatives Director, Amanda Lamb.

These webinars are for parents, educators, caregivers, and anyone with young people in their lives whose mental well-being they want to support. These webinars can be viewed as stand-alone presentations - if you miss the first one you can still attend part 2!

#### **Tuesday September 27:**

##### ***Parenting for Positive Mental Health, Part 1***

Understanding our child's behaviours and development so that we can respond with intention to promote mental wellness and growth.

#### **Tuesday October 25:**

##### ***Parenting for Positive Mental Health, Part 2***

Attunement, connection, and setting limits. Understanding your parenting style and the challenges parents face when their children push back.



Centre for Family  
Initiatives Director  
Amanda Lamb

## TDSB Recognizes Orange Shirt Day on September 30, 2022

Friday, September 30th is both Orange Shirt Day and the second annual National Day of Truth and Reconciliation, a federal statutory holiday. On this day, we recognize the legacy of the residential school system for First Nations, Métis and Inuit families and communities. We acknowledge the legacy of residential schools in Canada by wearing orange and we honour the survivors. We remember the thousands of children who were murdered and buried in unmarked graves.

For more information, visit the [Urban Indigenous Education Centre website](#).

## Update From Toronto Public Health

Toronto Public Health shared a public health update for the new school year. To read about important information for the school year, including a revised screening tool for daily self-assessment please [click here](#).

## Calling all Indigenous students: make positive change and get a high school credit!

Calling all Indigenous students: make positive change and get a high school credit. The Toronto Indigenous Youth Council (TIYC), through the Urban Indigenous Education Centre (UIEC), is offering an extraordinary opportunity for First Nations, Métis, and Inuit students: Earn Grade 11/12 credits (NDA3M or NDW4M) while participating in TIYC every Monday, 3:30-5:30PM, all school year. This will take place at Kâpapâmahchakwêw-Wandering Spirit School/UIEC, Room 313, at 16 Phin Avenue, very near Donland TTC Station. TTC tickets and dinner provided. Online participation will be considered.

Apply here!: <https://forms.gle/cyxq3ehUK8GAdZtZ7>. More information, contact Michael Carlson at michael.carlson@tdsb.on.ca.

Please see [attached poster](#).

## Seeking Nominations for School Council Parent/Guardian Members

School Councils work to improve student achievement and to enhance the accountability of the education system.

Membership consists of:

- elected parents,
- teacher(s),
- Principal/Vice Principal,
- support staff,
- community representative(s),
- secondary school students, (elementary where appropriate); and

The School Council advises the Principal and the Board on a variety of issues and activities relating to student achievement, curriculum goals and priorities, school budget priorities, school safety, renovation plans, after school activities, and criteria for selection of new principals.

### ELECTIONS

Every single parent/guardian of children attending Monarch Park Collegiate can always attend School Council meetings and can always volunteer for various things at the school.

Members of council must make a commitment to attend monthly meetings to vote on various council matters, like fundraising or planning events.

The election of all council members will be held at the first official meeting of the year. Once all the members of council are elected, they will elect the Executive Members of Council which are the Co-Chairs, the Secretary/Co-Secretaries and the Treasurer/Co-Treasurers. If there are not enough interested candidates, the nominees will be acclaimed.

This will be an in-person meeting on Wednesday, October 5 at 7:00 pm in the library. The link will be shared prior to this time.

If you would like to self-nominate or nominate another parent (who has consented), please complete [this link](#) by September 30, 2022.

The School Council invites parents/guardians to join their [facebook page](#) should they choose.