

January 16, 2023

Monarch Park Collegiate

Hello Students and Families,

Happy New Year! We want to wish everyone all the best in 2023.

Wishing a very happy Thai Pongal to everyone in our Tamil community.

Beginning this week, we are heading into our Moratorium Period before exams. Before our Break, our student success department did a series of workshops for students on Exam Preparation. Thank you Ms. Robles Evans! Leading up to exams, a reminder that Homework Hangout is every Monday—Thursday and is available for help or quiet study time.

On the 19th we have our January School Council Meeting. We will be providing a hybrid option, and a link will be sent the day of.

As we head into the end of the semester, we wish all our students a successful few weeks. You've been working hard all semester and we are so proud of how far you've come—Good Luck!

January 4 was World Braille Day, a reminder of the importance of accessibility and independence for people who are blind or visually impaired.

The month of January is recognized by the TDSB as [Tamil Heritage Month](#). This year's theme for the poster design challenge is: Community. Belonging. Joy. Belonging comes with a sense of acceptance and inclusion for who you are, and there is great joy that comes from knowing you belong within any given community.

Have a great week.

Sent on behalf of Trustee Sara Ehrhardt, Ward 15, Toronto-Danforth

Please find below the meeting notice for the first Ward 15 Forum of the year.

[Ward 15 Forum and PIAC Election Mon Feb 6, 6:30 - 8:30 PM](#)



Principal:
Amalia Pallas
amalia.pallas@tdsb.on.ca

Vice-Principals:
Sonam Matho (A-L)
sonam.matho@tdsb.on.ca
Tim Seabrook (M-Z)
timothy.seabrook@tdsb.on.ca

Superintendent:
Dr. Belinda Longe

1 Hanson Street
Toronto, ON M4J 1G6
416-393-0190

monarchparkcollegiate.ca

UPCOMING DATES

January 18— Late Start

January 19—School Council Meeting 7PM. In person in the library and virtual. Link to be sent day of.

January 19, 20, 23, 24—Moratorium on Test/Evaluation outside of Culminating Activities

January 25-31—Exams

January 31—Complete not repeat

February 1—Exam Review Day (Special Schedule to follow)

February 2—PA Day

February 3—Semester 2 Begins

CULMINATINGS AND EXAMS

Culminating Activities/Summative evaluations may start 4 – 6 weeks prior to the end of a semester. Culminating Activities and exams carry the same importance and same attendance requirement. Thus, attendance during culminating activities/summative evaluations is mandatory.

A culminating activity is the final evaluation in each course which is worth 30% of the final mark. "This evaluation will be based on evidence from one or a combination of the following: an examination, a performance, an essay and/or another method of evaluation suitable to the course content." (p.41-Growing Success).

Students who miss culminating activities or summative evaluations will be given a mark of zero for the portion missed with no opportunity to make up the missed work unless there is an extenuating and documented circumstance, such as a medical situation, court date, funeral etc. It is absolutely crucial that students do not miss any time during the end of a semester.

Under Ministry of Education and TDSB regulations, there can be no accommodations made for students who miss the 30% culminating activities and summative evaluations at the end of a semester for personal reasons such as vacation or work. Students and parents should be aware that scheduled vacations at this time can significantly impact student achievement. With the exception of a medical emergency, all summative tests and assignments that are missed as a result of these absences will be assigned a mark of zero.

WINTER WELL-BEING GUIDE 2022/23 FOR STUDENTS, CAREGIVERS/ GUARDIANS AND SCHOOL COMMUNITIES

The Winter Well-being guide for 2022/23 has been updated to provide ongoing resources and ideas for Families/Guardians to promote mental and physical wellness during the winter months. Resources are culturally relevant and responsive with resources for students with Complex Needs.

The Guide is translated into the top 21 TDSB languages spoken which is accessible here ([Well-Being Guide](#)).

[English Version](#)

CULMINATING AND EXAM SCHEDULE

Please use this link to see our [culminating and exam schedule](#) for January. The attachment is also linked in the email should this link not work.

TDSB—[TIP Sheet for Students and Parents/Caregivers/Guardians](#)

Online Tutuoring Programs— reach out for extra help and online tutoring through [BrainFuse](#) and [Paper](#).

STUDENT SERVICES AND STUDENT SUCCESS SITES

Have you checked out our students services and student success sites? We are encouraging you to connect with these sites regularly as there is information being shared regularly.

[Student Services](#)

[Student Success](#)

VIRTUAL SECONDARY SCHOOL 2023-2024

TDSB will continue to offer virtual learning for secondary students in the 2023-2024 school year.

Regular programs and ISPs will be available at Virtual Secondary School and are dependent on available space. French Immersion, Extended French, LEAP, Alternative School, and Student Interest Programs continue to be available in person only.

At this time, no decision has been made regarding Virtual Learning for elementary students.

Only Grade 8 - 12 students who are requesting Virtual Secondary School for the entire 2023-2024 school year should complete the Virtual Secondary School Selection Form, this includes students who are currently attending the Virtual Secondary School.

The Virtual Secondary School Selection Form will be available from Thursday, January 12, 2023 to Friday, January 27, 2023 at 4:00 p.m. The Selection Form will be available on the [Out-of-Area Admissions webpage](#) and the [Virtual Learning](#) website.

The choice of virtual learning continues to be a choice in learning models rather than a pandemic response.

For more information about Virtual Secondary School, please refer students and parents/guardians/caregivers to the [Virtual Secondary School web page](#).

VIRTUAL OFFICE HOURS FOR EDUCATORS AND FAMILIES WITH STUDENTS IN DD/DK/PD-ISPS

TDSB's occupational therapists and physiotherapists are excited to host our second professional development and virtual office hours for both parents/caregivers as well as educators of students with special education and inclusion needs for the 2022/2023 school year. Our upcoming session will occur on January 25th, 2023 with [a lunch session for parents/guardians/caregivers \(12:30-1:30pm\)](#) and [an after school session for educators \(3:30-4:30pm\)](#). The format of these sessions include the provision of a brief education session from our TDSB OT/PTs followed by an open forum where attendees may ask questions, receive generalized strategies to support their student(s)/child(ren), and connect with one another. This month's discussion will focus on Prioritizing Sensory Wellness Throughout the Day. Translated versions of the parent/guardian/caregiver flyers are accessible in the [January 25th virtual office hours' folder](#); translation services may be made available by request by January 18th, 2023 – please refer to the flyers for more details. We look forward to seeing you there!

THE 3RD 2022-2023 SOCIAL WORK VIRTUAL COMMUNITY FAIR "LET'S TALK ABOUT PROGRAMS AND SERVICES FOR CHILDREN WITH SPECIAL EDUCATION NEEDS".

Guests: With TDSB Social Work staff, Surrey Place, Geneva Centre, Strides Toronto, Community Living Toronto, and Lumenus Community Services will be presenting.

When: Monday January 16, 2023 from 9:30 am to 12:00 noon.

Monday January 23, 2023 from 5:30 pm to 8:00 pm

This Community Fair is open to all families who have children with Special Education Needs attending TDSB schools. This includes children who are integrated in classrooms in our schools, attending our Intensive Support Programs (ISP) located in schools across the TDSB, as well as students in our Congregated Schools.

TDSB GREEK HERITAGE MONTH MULTI-MEDIA CONTEST 2023

March is Greek Heritage Month. It is an occasion to recognize and celebrate the many achievements and contributions of Greek Canadians to Canada, an occasion to mark and enjoy the history of Greek culture.

One of the highlights for Greek Heritage Month 2023 this coming March will be the TDSB Greek Heritage Month Multi-Media Contest, featuring original student & staff work in three creative categories:

- 1) Be graphic! design a poster!
- 2) Sharpen your pencil! Write something!
- 3) Let's get digital!

This year's theme based on TDSB's priorities: Joy, Engagement and Belonging

Four groups qualify: K to Grade 3, Grade 4 to 8; and Grade 9 to 12; and TDSB staff. A winning submission will be selected from each of the qualifying groups.

Deadline for submitting entries is Friday, February 10, 2023 to maria.leo@tdsb.on.ca . Please see [attached flyer](#) for contest details.

FROM THE CENTRE OF EXCELLENCE FOR BLACK STUDENT ACHIEVEMENT

Subjects of Desire

Join the Centre of Excellence for Black Student Achievement for a virtual screening of [Subjects of Desire](#) and conversation with the writer, director, and producer of the film Jennifer Holness!

Subjects of Desire explores the cultural shift in North American beauty standards towards embracing Black female aesthetics and features while exposing the deliberate and often dangerous portrayals of Black women in the media.

Told from the point of view of women who aren't afraid to challenge conventional beauty standards, the film explores the positive and negative portrayals of Black women in media and asks what is the impact today?

TDSB Families, Caregivers and Community

Date: January 25, 2023

Time: 6:15PM - 8:45PM

Platform: Zoom link shared with registrants only. Register [here](https://tdsb-ca.zoom.us/webinar/register/WN_3jrbAnxRRLmyfGFL5UCHQw) (https://tdsb-ca.zoom.us/webinar/register/WN_3jrbAnxRRLmyfGFL5UCHQw)

EXTRA SESSION ADDED FOR GRADUATION PHOTOS

We've added an extra day for graduating students interested in booking a Graduation Photography Session.

GRADUATION PHOTOGRAPHY SESSION with Clear Images School Photography *Monarch Park C.I. / SOLE*

START DATE: Thursday, February 9th, 2023 (Secure your preferred time slot. Appointments fill quickly.)

LOCATION: TBA

Hello Graduates!

It's time to capture your special milestone! **A \$35 session fee is required at this time, to secure your appointment. This \$35 fee includes your photography session, an 11"x14" print of your Graduating Class Composite and secures access to your exclusive Graduation Online Portrait Gallery.** During your appointment, the photographer will provide you with access codes, to your exclusive Graduation Online Portrait Gallery for you to view and purchase. These photos will be available to view 10 business days after your school's last graduation appointment has been taken.

Please respect your appointment time and remember to come prepared for your photo session. Collared shirts pair well with the graduation gowns and please bring your smile!

Please click on the following link to book your appointment:

<https://square.site/book/LM6EXKR2K1NR6/clear-images-photography-toronto-on>

Questions? email us at info@clearimages.ca

FROM THE MINISTRY

The TDSB is continuing to support students with unfinished learning. Through the Ministry's funding for Tutoring programs, we are pleased to announce that TDSB students will now have access to free, unlimited, online tutoring, available 24 hours a day, 7 days a week. We will be working with Paper and Brainfuse. These two particular organizations were chosen as they could immediately serve the needs of a school board our size, while ensuring students could access the tutoring resources at any time of day.

All tutoring services are voluntary. There is no obligation for any student to participate in tutoring. TDSB is not operating online tutoring services. This means that TDSB staff will not be present during tutoring sessions.

Parents/Guardians/Caregivers and/or Students (18 years or older) who wish to participate in one of these free online tutoring services should contact the company directly to learn more about their services and the registration process.

The following Tutoring Fact Sheet provides more information about what's new and the online Tutoring opportunities. [Tutoring Opportunity](#)

PINE RIVER INSTITUTE'S CENTRE FOR FAMILY INITIATIVES WEBINAR SERIES

Please see the flyer below for a series of webinars for families. The next session is on Managing Screen Time.

Please use this link to register:

https://us02web.zoom.us/webinar/register/WN_AvVkYhItQFa7OmeEJyNZ0w

Pine River Institute's Centre for Family Initiatives Webinar Series

Tuesday, January 17, 2023

Understanding and Managing Screen Time

Are they addicted? Why is it so hard for kids to put down devices? What do parents/guardians need to know about the digital world and how it affects their child's development. Positive strategies to build connection with your kids through tech.

Tuesday, February 28, 2023

How to Manage Another's Anxiety

Learning how to help our children manage their anxiety and stress in healthy ways. Using empathy and attunement to create safety in communication with our kids, so they come to us when they need our guidance.

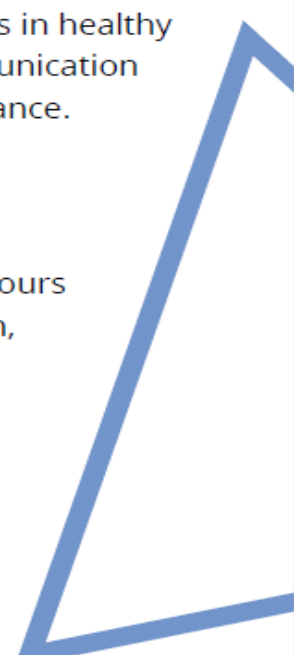
Tuesday, March 28, 2023

Understanding Addiction and Addictive Behaviours

Looking at why kids can get stuck and how addictive behaviours may develop. Seeing the "function" behind the addiction, and how parents/guardians can support recovery without shame and guilt.

All webinars will begin at 7:00 p.m.

Register here





TPH School Immunization Program

A vaccine clinic is coming to your school. Stay up to date on lifesaving vaccines & get caught up on any missed doses.

When?

Wednesday, February 22, 2023

During School Hours

Where?

Monarch Park CI & School of Life Experience

1 Hanson St, Toronto, ON M4J 1G6

Cafeteria

Which vaccines are available?

- Meningococcal ACYW-135 vaccine (prevents meningitis)
- Hepatitis B vaccine (prevents liver disease and cancer)
- Human Papillomavirus vaccine (prevents cancers)

What should I bring?

- Masks must be worn at TPH school clinics
- Please complete your school immunization [vaccine consent form](#) and bring it with you the day of the clinic

Who's eligible?

- Students in grade 9–12
- Vaccines are **free**. No OHIP card required

Questions?

For more information, visit the TPH School Immunization Program [webpage](#)

Contact Toronto Public Health
Monday - Friday, 8:30 a.m. - 4:30 p.m.
Phone: 416-338-7600
TTY: 416-392-0658
Email: PublicHealth@toronto.ca

